

St Wilfrid's Catholic Academy

Queen's Avenue
Tunstall
ST6 6EE
Telephone: 01782 235676
Email: office@stwilfridsnewman.co.uk



Principal: Mr. N. Glover

Monday 7th September 2026

P.E. Autumn 1 Term

Dear Parent/ Carer,

To maximise learning time within an increasingly busy timetable, pupils will be expected to attend school wearing their PE kit on their designated PE day. This will remove the need for children to change during the school day, allowing more time for teaching and learning. On PE days, children should wear their PE kit instead of school uniform unless the school advises otherwise in exceptional circumstances. If pupils are attending Mass during the school day, **(this is usually a Thursday)** they should wear their full school uniform, as PE kit is not appropriate, and PE Kit should be brought into school to be changed into.

This arrangement will be trialled during the first half term of the academic year. A decision on whether to adopt it permanently will be made before the October half-term break. To support this new routine: Each class's PE day will be communicated in advance for the half term, PE days will remain consistent throughout the half term where possible and any changes will be communicated to parents in good time. Listed below are the PE Days for each class.

- **Nursery** – Friday
- **Reception (both classes)** – Friday
- **Year 1** – Tuesday
- **Year 1/2** – Thursday
- **Year 2** – Thursday
- **Year 3** – Wednesday
- **Year 3/4** – Wednesday
- **Year 4** – Monday (**Swimming is on Monday also**)
- **Year 5** – Thursday
- **Year 5/6** – Wednesday
- **Year 6** - Friday

Further Information regarding school P.E. kit can be found in the uniform policy on the school website: [St. Wilfrid's Catholic Academy - School Uniform](#)

Yours Sincerely

Mr N Glover
Principal

If you require this letter in another format, please contact the school office.