

PSHE Jigsaw & RHSE Ten:Ten Whole School - Long Term Plan (2022-23)

	2022-2023	2023-2024
Year 1-2	Year 2	Year 1
Year 3-4	Year 4	Year 3
Year 5-6	Year 6	Year 5

Autumn Term 1	Wk beg 12/09	Wk beg 19/09	Wk beg 26/09	Wk beg 03/10	Wk beg 10/10	Wk beg 17/10	Key Dates
Reception	<u>BM</u> Who me?	<u>BM</u> How am I feeling today?	<u>BM</u> Being at school	<u>BM</u> Gentle hands	<u>BM</u> Our rights	<u>BM</u> Our responsibilities	Being me in My World Assembly w.c 19.09
Year 1	<u>BM</u> Session 1 Special & Safe	<u>BM</u> Session 2 My Class	<u>BM</u> Session 3 Rights & Responsibilities	<u>BM</u> Session 4 Rewards & feeling proud	<u>BM</u> Session 5 Consequences	<u>BM</u> Session 6 Our Learning Charter	World Mental Health Day Tuesday 10 th October (evidenced in PSHE book wk beginning 10/10)
Year 2	<u>BM</u> Session 1 Hopes & Fears	<u>BM</u> Session 2 Rights & Responsibilities	<u>BM</u> Session 3 Rewards & Consequences	<u>BM</u> Session 4 Rewards & Consequences	<u>BM</u> Session 5 The Learning Charter	<u>BM</u> Session 6 Our Learning Charter	
Year 3	<u>BM</u> Session 1 Getting to know each other	<u>BM</u> Session 2 Our Nightmare School	<u>BM</u> Session 3 Our Dream School	<u>BM</u> Session 4 Rewards & Consequences	<u>BM</u> Session 5 The Learning Charter	<u>BM</u> Session 6 Our Learning Charter	
Year 4	<u>BM</u> Session 1 Becoming a class team	<u>BM</u> Session 2 Being a school citizen	<u>BM</u> Session 3 Rights, responsibility and democracy	<u>BM</u> Session 4 Rewards & Consequences	<u>BM</u> Session 5 The Learning Charter	<u>BM</u> Session 6 Our Learning Charter	
Year 5	<u>BM</u> Session 1 My Year ahead	<u>BM</u> Session 2 Being a citizen of my country	<u>BM</u> Session 3 Responsibilities	<u>BM</u> Session 4 Rewards & Consequences	<u>BM</u> Session 5 The Learning Charter	<u>BM</u> Session 6 Our Learning Charter	
Year 6	<u>BM</u> Session 1 My Year ahead	<u>BM</u> Session 2	<u>BM</u> Session 3	<u>BM</u> Session 4	<u>BM</u> Session 5	<u>BM</u> Session 6	

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		Being a global citizen part 1	Being a global citizen part 2	The Learning Charter	The Learning Charter	Owning our Learning Charter	
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Autumn Term 2	Wk beg 31/10	Wk beg 07/11	Wk beg 14/11	Wk beg 21/11	Wk beg 28/11	Wk beg 05/12	Wk Beg 12/12	Key Dates
Reception	<u>CD</u> What am I good at?	<u>CD</u> I'm special, I'm me	<u>CD</u> Families	<u>CD</u> Houses and homes	<u>CD</u> Making friends	<u>CD</u> Standing up for yourself		Celebrating Differences Assembly w.c 31.10
Year 1	<u>CD</u> The same as ..	<u>CD</u> Different from	<u>CD</u> What is bullying?	<u>CD</u> What do I do about bullying	<u>CD</u> Making new friends	<u>CD</u> Celebrating Me	<u>Ten: Ten</u> M1 U1 story sessions	'celebrating differences' Assessment uploaded to staff share by w.c 5.12
Year 2	<u>CD</u> Boys and Girls	<u>CD</u> Boys and Girls	<u>CD</u> Why does bullying happen?	<u>CD</u> Standing up for myself	<u>CD</u> Making a new friend	<u>CD</u> Celebrating differences and still being friends	<u>Ten: Ten</u> M1 U1 story sessions	Anti-bullying week 14.11 Kindness day Sun 13.11
Year 3	<u>CD</u> Families	<u>CD</u> Family conflict	<u>CD</u> Witness and feeling	<u>CD</u> Witness and feeling	<u>CD</u> Words that harm	<u>CD</u> Celebrating differences; compliments	<u>Ten: Ten</u> M2 U1 Stories: Jesus my friend	
Year 4	<u>CD</u> Judging by appearance	<u>CD</u> Understanding influences	<u>CD</u> Understanding bullying	<u>CD</u> Problem solving	<u>CD</u> Special me	<u>CD</u> Celebrating differences; how we look	<u>Ten: Ten</u> Sharing online	
Year 5	<u>CD</u> Different cultures	<u>CD</u> Racism	<u>CD</u> Rumours and Name calling	<u>CD</u> Types of bullying	<u>CD</u> Does money matter	<u>CD</u> Celebrating differences across the world	<u>Ten: Ten</u> M2 U1 Is God Calling you?	
Year 6	<u>CD</u> Am I normal?	<u>CD</u>	<u>CD</u> Power struggles	<u>CD</u> Why bullying	<u>CD</u>	<u>CD</u>	<u>Ten: Ten</u> M3 U2	

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		Understanding disability			Celebrating difference	Celebrating difference	Reaching out	
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Spring Term 1	Wk beg 03/01	Wk beg 09/01	Wk beg16/01	Wk beg 23/01	Wk beg 30/01	Wk beg 06/02	Wk beg 13/02	Key Dates
Reception							D+G Challenge	Dreams and Goals Assembly w.c 13.02
Year 1	Ten: Ten M1 U1 God loves you	Ten: Ten M2 U3 Being safe	Ten: Ten M2 U3 Good and bad secrets	Ten: Ten M2 U3 Physical contact	Ten: Ten M3 U1 Trinity house	Ten: Ten M3 U1 Who is my neighbour?	D+G My treasure chest of success	Children's Mental health week 06.02
Year 2	Ten:Ten M1 U4 Life cycles	Ten:Ten M1 U3 Feelings likes and dislikes	Ten:Ten M1 U3 Feelings inside and out	Ten:Ten M1 U3 Super Suzie gets angry	Ten:Ten M3 U1 Trinity house	Ten:Ten M3 U2 The communities we live in	D+G Goals to success	Internet safety day Tue 14.02
Year 3	Ten: Ten M2 U2 Friends, family and others	Ten: Ten M2 U2 When things feel bad	Ten: Ten M2 U2 When things change	Ten: Ten M1 U1 Story sessions	Ten:Ten M1 U2 We don't have to be the same	Ten:Ten M1 U2 Respecting our bodies	D+G Dreams and goals	Extra lesson Yr 6 only
Year 4	Ten: Ten M2 U3 Chatting online	Ten: Ten M2 U3 Physical contact	Ten: Ten M3 U1 Trinity house	Ten: Ten M3 U1 What is Church?	Extra lesson	Internet safety	D+G Hope and dreams	

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Year 5	<u>Ten: Ten</u> M2 U2 Under pressure	<u>Ten: Ten</u> M2 U2 Do you want a piece of cake?	<u>Ten: Ten</u> M2 U2 Self talk	<u>Ten: Ten</u> M2 U3 Sharing online	<u>Ten: Ten</u> M2 U3 Chatting online	<u>Ten: Ten</u> M2 U3 Physical contact	<u>D+G</u> When I grow up
Year 6	<u>Ten: Ten</u> M1 U1 Story sessions	<u>Ten: Ten</u> M1 U2 Gifts and talents	<u>Ten: Ten</u> M1 U2 Girls bodies Y6	<u>Ten: Ten</u> M1 U2 Boys bodies Y6	<u>Ten: Ten</u> M1 U2 Spots and sleep	<u>Internet safety</u>	<u>D+G</u> Personal learning goals

Spring Term 2	Wk beg 27/02	Wk beg 06/03	Wk beg13/03	Wk beg 20/03	Wk beg 27/03	Key Dates
Reception	<u>D+G</u> Never Giving up	<u>D+G</u> Setting a goal	<u>D+G</u> Obstacles and support	<u>D+G</u> Flight to the future	<u>D+G</u> Footprints awards	'Dreams and Goals' <u>Assessment</u> uploaded to staff share by wk beg 27.03
Year 1	<u>D+G</u> Steps to goals	<u>D+G</u> Achieving together	<u>D+G</u> Stretchy learning	<u>D+G</u> Overcoming obstacles	<u>D+G</u> Celebrating my success	
Year 2	<u>D+G</u> My learning strengths	<u>D+G</u> learning with others	<u>D+G</u> A group challenge	<u>D+G</u> Continue our group challenge	<u>D+G</u> Celebrating our achievement	
Year 3	<u>D+G</u> Dreams and ambitions	<u>D+G</u> New challenge	<u>D+G</u> Our new challenge	<u>D+G</u> Our new challenge overcoming obstacles	<u>D+G</u> Celebrating my learning	
Year 4	<u>D+G</u> Broken dreams	<u>D+G</u> Overcoming disappointment	<u>D+G</u> Creating new dreams	<u>D+G</u> Achieving goals	<u>D+G</u> We did it!	
Year 5	<u>D+G</u> Investigating jobs and careers	<u>D+G</u> My dream job	<u>D+G</u>	<u>D+G</u>	<u>D+G</u> Rallying support	

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			Dreams and goals of young people in other cultures	How we can support each other		
Year 6	<u>D+G</u> Steps to success	<u>D+G</u> My dream for the world	<u>D+G</u> Helping to make a difference	<u>D+G</u> Helping to make a difference	<u>D+G</u> Recognising our achievements	

Summer Term 1	Wk beg 17/04	Wk beg 24/04	Wk beg 01/05	Wk beg 08/05	Wk beg 15/05	Wk beg 22/05	Key Dates
Reception							<p>Extra lesson Jigsaw – use optional lesson</p> <p>Y2 or Y6 only</p>
Year 1	<u>Ten: Ten</u> M2 U2 Special people	<u>Ten: Ten</u> M2 U2 Treat others well	<u>Ten: Ten</u> M2 U2 ...and say sorry	Road safety	Stranger danger	Sun safety Jigsaw	
Year 2	<u>Ten: Ten</u> M1 U2 I am unique	<u>Ten: Ten</u> M1 U2 Girls and boys (my body)	<u>Ten: Ten</u> M1 U2 Clean and healthy (my health)	Mega mover Jigsaw	Financial education Jigsaw	Sun safety	
Year 3	<u>Ten: Ten</u> M1 U1 Story sessions	<u>Ten: Ten</u> M1 U3 What am I feeling?	<u>Ten: Ten</u> M1 U3 What am I looking at?	<u>Ten: Ten</u> M1 U3 I am thankful	Financial education Jigsaw	Sun safety	

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Year 4	<u>Ten: Ten</u> M1 U2 How do I love you?	<u>Ten: Ten</u> M1 U2 What is puberty?	<u>Ten: Ten</u> M1 U2 Changing bodies	<u>Ten: Ten</u> M1 U5 Discussion groups	<u>Ten: Ten</u> M1 U4 Life cycles	Sun safety	
Year 5	<u>Ten: Ten</u> M3 U1 Trinity house	<u>Ten: Ten</u> M3 U1 Catholic social teaching	<u>Ten: Ten</u> M1 U1 Story sessions	<u>Ten: Ten</u> M3 U2 Gifts and talents	<u>Ten: Ten</u> M3 U1 Spots and sleep	Sun safety Jigsaw	
Year 6	<u>Ten: Ten</u> M1 U3 Body image	<u>Ten: Ten</u> M1 U3 Peculiar feelings	<u>Ten: Ten</u> M1 U3 Emotional change	<u>Ten: Ten</u> M1 U3 Seeing stuff online	<u>Ten: Ten</u> M1 U4 Making babies Y6	<u>Ten: Ten</u> M1 U4 Menstruation Y6	

Summer Term 2	Wk beg 05/06	Wk beg 12/06	Wk beg 16/06	Wk beg 03/07	Wk beg 10/07	Wk beg 17/07	Key Dates
Reception	HM Everybody's body	HM We like to move it, move it	HM Food glorious food	HM Sweet dreams	HM Keeping calm	HM Stranger danger	Healthy Me Assembly w.c 17.04
Year 1	HM Being healthy	HM Healthy choices	HM Clean and healthy	HM Medicine safety	HM Road safety	HM Happy, healthy me	'Healthy Me' Assessment uploaded to staff share by wk beg 17/07
Year 2	HM Being healthy	HM Being relaxed	HM Medicine safety	HM Eating healthy	HM Eating healthy	HM The healthy cafe	
Year 3	HM Being fit and healthy	HM Being fit and healthy	HM	HM Being safe	HM Being safe at home	HM My amazing body	

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			What do you know about drugs?				
Year 4	<u>HM</u> My friends and me	<u>HM</u> Group dynamic	<u>HM</u> smoking	<u>HM</u> alcohol	<u>HM</u> Healthy friendships	<u>HM</u> Celebrating my inner strength and assertiveness	
Year 5	<u>HM</u> smoking	<u>HM</u> alcohol	<u>HM</u> Emergency aid	<u>HM</u> Body image	<u>HM</u> My relationship with food	<u>HM</u> Healthy me	
Year 6	<u>HM</u> food	<u>HM</u> drugs	<u>HM</u> alcohol	<u>HM</u> Emergency aid	<u>HM</u> Emotional and mental health	<u>HM</u> managing stress	