



Dear Parents/ Carers,

Enthusiastically, we would like to share the Eastertide greeting, ‘Christ is Risen!’

We rejoice in the **joy, hope, peace and love** that Jesus brings through His death and Resurrection.

The disciples had a revelation as Jesus explained the Scriptures to them – they saw with new eyes of faith.

Jesus reveals Himself to us in the Bible and we too can see with new eyes of faith!

Jesus gives us hearts that burn to know and love Him more each time we listen to His Word.

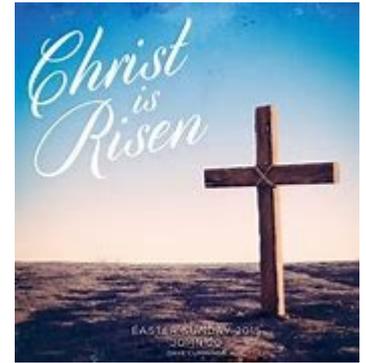
We continue during Eastertide to support our children and families to look for opportunities to help and support someone within their families or the local community as Jesus did on the road to Emmaus because when we do these things, we are sharing God’s peace and love!

We pray for our children continuing their journey of faith through Reconciliation and First Holy Communion, that they hold Jesus Christ forever in their hearts and make time for him amidst chaos and peace.

“We discover we are children of God at the moment we discover we are brothers and sisters, children of the same father. This is why it is essential to be part of a journeying community.”

Pope Francis 2023

May God bless you all



You can keep up to date with various school events by looking on our school website

<https://www.stwilfridsnewman.co.uk/>

Or visiting our schools Facebook page.

 <https://www.facebook.com/St.WilfridsNewman/>

All letters are available on our website. you can keep up to date with things within school by looking on the website calendar or your child’s class page.

Lots of photos are uploaded to our Facebook page so you can all see what exciting things we have been up to in school!

You matter to our school so be **H**ere **E**veryday **R**eady and **O**n time

Our **March** Class Attendance Hero's are

Year 4 & 5 with 97.1% Fantastic ! Keep it up !

N - 92 % N/R – 90.3%

R– 92.3 % Yr.1 - 96.1%

Yr. 1/2 - 92.2% Yr. 2 -92.9 %

Yr.3 -95.2 % Yr.3/4 - 96.6%

Yr. 4 - 97.1% Yr. 5 - 97.1%

Yr. 5/6 - 95.7% Yr. 6 - 96.1%

Whole school attendance for March is **94.7%**

Well Done Everyone !!



EVERY SCHOOL DAY COUNTS

“School – where memories are made.”



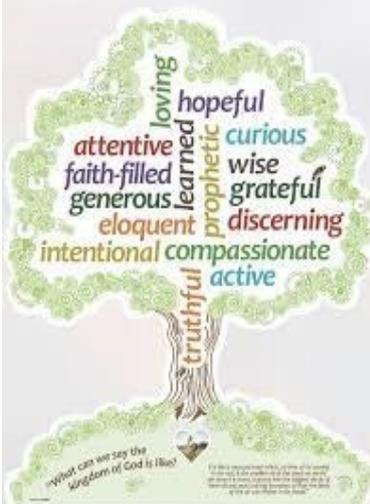
stoke.gov.uk



Values and Virtues

Curious - is needed to sustain learning. It is what keeps us going. It is what opens up new horizons. It leads us to find God in all things. In the Jesuit tradition, learning is something to be.

Active - engaged in by probing, seeking, asking, challenging, questioning until the truth is plain – it is to think for oneself and become a lifelong learner.



Multiply



FREE NUMERACY COURSES FOR ADULTS

Do you want to build your confidence with numbers in a fun and relaxed environment? Join in today!

St Wilfrid's Catholic Academy

Starts 15th May at 9.15am



Important Dates



May

Monday 1st May– School Closed Bank Holiday

Tuesday 2nd May– Toddler Time @ 9:30am (pre school aged children £1)

Thursday 4th May– Y5/6 Cross Country @Haywood

Friday 5th May– Whole School Coronation Celebration (PM)

Monday 8th May- School Closed Bank Holiday

Tuesday 8th May - Friday 12th May– Y6 SAT'S

Friday 12h May– Parent Lunch Y1

Monday 15th May– Mental Health Week

Tuesday 16th May-Toddler Time @ 9:30am (pre school aged children £1)

Wednesday 17th May - Holy Communion Preparation @5pm

Thursday 18th May– Ascension Lord Feast Day whole school mass

Friday 19th May– Parent Lunch for Y1/2

Sunday 21st May– Family Mass @ Sacred Heart 9:30am Y2 leading

Friday 26th May—School closed 3pm for half term



Reminder to inform the school office of any changes to telephone numbers, email addresses and home addresses please.



Update Contact Info



Sports Updates...

At the end of last term, St Wilfrid's talented footballers proudly represented Port Vale in the League One North Regional final of the EFL 'Utilita' Kids cup. The annual tournament, which was organised by the English football league, is one of the country's largest national football competitions and offers children the once in a lifetime opportunity to play at Wembley Stadium in front of thousands of fans. The competition, held at Barnsley FC featured some of the best under 11 players in the North of England, Competing against 10 other teams, St Wilfrid's grew in confidence and enthusiasm, demonstrating exemplary behaviour and sportsmanship at all times. Winning against Lincoln City, drawing against Derby County, Shrewsbury Town and Fleetwood Town and narrowly losing against Burton Albion, St Wilfrid's finished in 5th place in their league. In all the matches, we showed unbelievable teamwork and creativity and scored some outstanding goals.

Shrewsbury Town, whom we drew with, won the tournament, beating Derby County in an exciting penalty shootout final and will go on to represent 'The North Region' at Wembley.

Well done St Wilfrid's!!



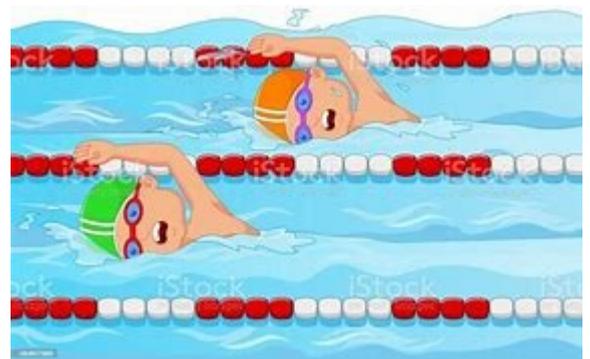
In the last week of term, in front of a large crowd of spectators at Haywood Academy, our talented runner, Olly Blowers took part in the Inter town cross-country finals. Having regularly finished in the top ten in the Tunstall cross-country league, Olly qualified to represent Tunstall town and to compete against teams from Stoke, Longton, Burslem and Hanley. Despite the conditions being wet and windy and the course being very challenging, Olly was full of enthusiasm and demonstrated exemplary determination, to finish 10th overall in the city out of a very strong field of competitors.

Well done Olly!



Early last week, at Ormiston Horizon Academy, our talented year 5 and 6 swimmers proudly represented St Wilfrid's in the annual Tunstall swimming gala. As always, the children demonstrated excellent sportsmanship, supporting and encouraging each other at all times. Competing against five other Tunstall schools, the boys' and girls' recorded some impressive times with many finishing their races in 1st or 2nd place. Overall, St Wilfrid's finished in equal 3rd place and some of our swimmers should go on to represent Tunstall at the City Finals.

Well done. We are very proud of all of you.





Well done to all of our pupils who have been recognised this month

	Headteacher Award	Values & Virtues	Reading	Maths	Dojo Award
Nursery	Emilia Wootton Caleb Lloyd	Emma Wickramasinghe Esmae Shaw	Alex Proctor Muiz Mohammed	Olly Brotherton Rayyan Rehman	
Nursery/ Reception	Isla Dunning Ruhaab Khan	Mathias Rivas Fajardo Theo Barnes	Hayat Saeed Willow Lockett	Yassin Abrar Hayat Saeed	Umna Yasit Ataliyah Christian Willow Lockett
Reception	Emerson Batkin Freya Leese	Emily stone Rafael Hill	Joel Fernando Khatija Rehman	Miah-Grace Pickering Olivia Dreczkowski	
Year 1	Rayyan Muhammad Aleeza Iqbal	Ayat Hussain Archie Winkle	Asma Ahmed Elvina Coomson	Ameera Kabir Bianka Krawiec	Teddy Saisbury
Year 1/2	Ismaeel Khalid Matthew Williams	Aminah Alam Ayaan Zakria	Samuel Copak Jessica Skillcorn	Sophie Bauman Mya-Rose Firkins	Felicia Amalan Vijay Isabelle Birkby
Year 2	Ellie Gaunt Emaan Ali	Ajai Pursey Roque Bentley	Spencer Taylor Isabelle Boote	Georgeanne Cereno William Clarke	Seren Frost Ruby Hall Georgeanne Cereno Isabelle Boote Giovanni Mhlanga Abigaile Atchohe Skylar Jones
Year 3	Eliza Bates Huda Mir	Aubin Howley Liliana Machczynska	Lynnzee Williams Taqi Abbas	Aluna Espley Sonny Pryce	
Year 3/4	Yasmin Critchlow Aroosh Shah	Evan Varghese Emmanuel Rosh	Morgan Stanley-Lowe Sarah Younis	Haris Mohammed Mohammed Soltani	
Year 4	Hassan Habib Elisa Jacob	Aima Ismaeel Joshua Emery	Ibraheim Khalid Mickey Raftery	Hanna Gorska Eris Williams	Rosia Davies Elisa Jacob Ann Basil
Year 5	Daniel Plant Jack Podmore	Jessica Wu Uzair Mohammed	Hassan Ali Hussain Zuzanna Staniszewska	Alfie Holmes Fizza Mir	
Year 5/ 6	Alfie Smith Lexy Allin	Jackson Stanley Joel Jervis	Hadley Davies Aidan Amalan Vijay	Chloe Rowlands Jackson Stanley	
Year 6	Maisie Rafferty Phoebe Potter	Marlon Krawic-Suleman Adam Ahmed	Sophia Wu Olly Blowers	Sohaib Rashid Millie Collinson	Jacob Waddle Lena Krawiec Semab Iqbal Darcie Daniels Julian Bailey Zach Bates Sidney Green

What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so enthral young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK ... and knowing what to do about content that upsets them.

1. UNDERSTAND THE ALGORITHM

Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.

2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.

3. DISCUSS WHAT THEY'VE SEEN

Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds: if alarm bells ring, it could be time for a more in-depth talk or to seek support.

4. LEARN HOW TO HIDE CONTENT

If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.

5. SET DAILY LIMITS

Phones and most apps can tell you how much they're being used. Spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces: involving your child in creating this agreement makes them more likely to stick to it.

6. MONITOR THEIR ACTIVITY

Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.

7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority – and those notifications will still be there later, when we have more time.

8. USE DEVICES TOGETHER

Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider making a particular area at home a designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful paths.

9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.

10. TALK ABOUT PEER PRESSURE

Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but – just like offline life – the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

Meet Our Expert

Shazia Sarwar-Azim is executive headteacher at a specialist primary school and, as an emotional therapy coach, works with school leaders to focus on the SEND, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shazia is a Fellow of the Chartered College of Teaching and the author of *The Rainbow Within*, a book which supports children with SEMH needs.



NOS National Online Safety®
#WakeUpWednesday

Sources: <https://www.bbc.com/news/technology-53202885>
<https://praxissocial.com/insights/social-media-algorithms/>