Winter Support





You can find support within your local Family Hubs/Children's Centres. If you need support with benefits / warmth / finances / Clothing / Food etc contact your local centre.

North Locality

Stoke North Children's Centre

Bishop Road Stoke-On-Trent ST6 6QW **Contact:** 01782 232977

Tunstall Family Hub

194 High Street, Tunstall, Stoke-On-Trent ST6 5PH

Central Locality

Thomas Boughey Children's Centre

College Road, Stoke-On-Trent, ST4 4SZ

Contact: 01782 237100

Díd you know?

Stoke North Children's Centre and Westfield Family Hub have a sensory room that is FREE to hire!

Westfield and Bentilee Family Hub also have a soft play area that is FREE to use!

South West Locality

Stoke Library

Local Services Centre, South Wolfe Street Stoke-On-Trent ST4 4SZ

Contact: 01782 238446

Westfield Family Hub Buccleuch Road, Stoke-On-Trent ST3 4RF Contact: 01782 237500

South East Locality

Bentilee Family Hub Dawlish Drive, Stoke-On-Trent ST2 0HW Contact: 01782 233670



Your Family Advisor

Becky 07385366560 rebecca.foster@stoke.gov.uk Chris. (01782) 233468 07717714017 chris.berry@stoke.gov.uk

We can help you with

Antenatal Support 🛉

Finding Organisations and Charities

Local Doctors, V Pharmacies and ഗ്ര Hospitals

😤 🛛 Family Groups 📇

Local Schools, Murseries and A Childminders

Local Playgroups and Activities

Issue C-Cards

Oral Health and
 Dentists
 Dentists

Early Language and the Bome Learning Environment

🗂 Financial Advice 🏛

Filling in important

Finding Midwives or Health Visitors

A Housing Advice A

🐸 Foodbanks 🐸



<u>Food</u>

Foodbank Centres Opening times 2023							
Monday	West End Church, Stoke	10.00am-12.00pm	OPEN				
4	St John's Church, Knypersley	11.00am-1.00pm	OPEN				
	Wesley Hall Church, Sneyd Green	3.00pm-5.00pm	OPEN				
-		10.00 10.00					
Tuesday	Hope Community Church, Hanley	10.00am-12.00pm	OPEN				
	St Stephens Church, Bentilee	12.30pm-2.30pm	OPEN				
	The Hive Centre (St Albans), Blurton	10.30am-12.30pm	OPEN				
Wednesday	Bethel Church, Longton	10.00am-12.00pm	OPEN				
	Swan Bank Methodist Church, Burslem	2.00pm-4.00pm	OPEN				
	Penkhull Christian Fellowship, Penkhull	2.00pm-4.00pm	OPEN				
Thursday	Temple Street Methodist Church, Fenton	10.00am - 12.00pm	OPEN				
	Grace Church Hanley,	10.00am -12.00pm	OPEN				
	Wesley Hall Church, Sneyd Green	4.00pm-6.00pm	OPEN				
	English Martyrs RC Church, Biddulph	6.00pm-8.00pm	OPEN				
Friday	United Reformed Church, Longton	10am – 12pm	OPEN				
	St Andrews Church, Weston Coyney	3.30pm-5.30pm	OPEN				
	Tunstall Methodist Church, Tunstall	4.30pm-6.30pm	OPEN				
		57 57					
The Blurton Warehouse is open for donations only							
Monday – Thursday 9am – 3pm, Thank you.							
Office Opening Hours Monday – Thursday 9am – 2pm							
More Information: www.stokeontrent.foodbank.org.uk							

If you need a foodbank voucher, please contact your local Family Hub Team: **Stoke North Children's Centre:** supportingfamiliesnorth@stoke.gov.uk **Thomas Boughey Children's Centre:** supportingfamiliescentral@stoke.gov.uk **Westfield / Bentilee Family Hub:** supportingfamiliesse@stoke.gov.uk **Stoke Library:** supportingfamiliessw@stoke.gov.uk

Community Pantries

Below are a couple of shops that work like a supermarket and have brand names for cheaper prices.

Community Grocery



SwanBank Church, Burslem, ST6 2AA (01782 695511) - open Mon-Fri: 9:30am-4:30pm - Sign up for £5 annual membership. You can then get 12 items for £5, 18 items for £7.50 and 24 items for £10-Bakery, shelf items, fruit and veg, non-food, freezer and fridge.

Community Cupboard



The Hub, Port Vale Foundation, 113 Hamil Road, Stoke-On-Trent, ST6 1AP (01782 757066): open Friday 10am-12pm - choose your own items - 10 items for £5 and 15 items for £7. All sanitary products are free. Foods range from life tinned food to frozen to fresh and produce.

The Community Can Social Supermarket



Unity 24 Tunstall Indoor Market, Butterfield Place (inside Tunstall market) (07411151819): Free to join. 10 items for £5 or 15 items for £7.50 - long life items, cleaning products, baby products and toiletries. Free sanitary products and some free end of shelf life products. In Tunstall Market - 10:30am-5pm, Wednesday, Friday and Saturday.

Your Local Pantry @YMCANS



Campus Shop, YMCANS Harding Road, Stoke-On-Trent, ST1 3AE (01782 222376). Thursday and Friday 12:00-4:00pm. £3.50 membership, weekly fee £4.50, for which they can choose at least 10 items of quality food from high street supermarkets.

Chell Parish Pantry



Church of the Saviour, Sprink Bank Road, Chell Heath, ST6 6QQ, 01782 838708, Thursday 12:00-2:00pm. This is our free pantry there is no charge for the items you choose, plus we offer a warm space with free hot drinks, biscuits and cakes. All are welcome.

The Joyful Independent Foodbank,



 Market Square, Hanley, ST1 1NU Open Monday—Saturday, 10:30am—3:00pm. They have a wide range of food from bread to **•** fruit and veg.

The Hope Campus



Market Square, Hanley, ST1 1NU (07498 168648). Are opening Loving Hope Community Independent Grocery, Open Monday-Friday 9:30am-4pm. At the community grocery, shoppers pay £5 membership per year, then for each shop pay £2.50. Shoppers can go in 3 times per week.

The Bread and Butter Thing



 Bentilee Family Hub, Dawlish Drive, Bucknall, ST2 OHP. Tuesdays at 1:30pm. To register text 07860 063304 or use the contact form on the QR code (Left) with their name, postcode and hub they would like to join (Bentilee Family Hub). Once registered, members will

receive a weekly text offering the food service which they can then collect from their hub. Single bags with a condensed offer £5. Standard 3 bag family package £8.50 and Large 6 bag package £17. For £8.50 they roughly offer £35 worth of food each week, including fresh fruit, veg, chilled food for the fridge and cupboard staples such as pasta and cereals. The food changes daily meaning the bags will change from week to week.

<u>Health</u>

Dentist: Emergency Dentist Contact Number for those not registered with a dentist.

Contact: 0300 123 0981

Period Power: supply sanitary products to people who would otherwise go without due to their social and financial circumstances.

Phone: 07895 361202 Email: <u>periodpower2017@gmail.com</u>

Health Visitor:

Stoke Hub (Covering all localities in Stoke-On-Trent)

Freephone: 0808 178 3374 **Chat Health Text Messaging Service** Parents/Carers Text: 07312 277161 For young people living in Stoke-On-Trent, text: 07520 615723

Sexual Health Support: provides a free confidential non-judgemental

support.

Address: The Dudson Centre, Hope Street, Hanley, ST1 5DD Phone: 01782 201251 Email: <u>ask@sshcharity.co.uk</u> Website: <u>https://sshcharity.co.uk/</u>

Community Drug and Alcohol Service (cdas): free service

Address: 476-82 Hope Street, Hanley, ST1 5BY Phone: 01782 283113 Email: <u>referrals@sotcdas.org.uk</u> Website: <u>https://www.scdas.org.uk</u>

Mental Health

Changes:

Free to access peer support groups and various workshops across the city. Address: Wellbeing Centre, Victoria Court, Booth Street, S-O-T, ST4 4AL Phone: 01782 411433 Email: <u>stoke@changes.org.uk</u> Website: <u>https://www.changes.org.uk/</u>

Samaritans:

A 24/7 confidential support line for anyone struggling to cope. Phone: 116 123 Email: jo@samaritans.org Website: www.samaratins.org

Other Useful Links



Community Directory – Online took to find local activities, clubs, support, health services and what's on in the local area: <u>https://stokecommunitydirectory.co.uk</u>



Fegg Hayes Futures - aim to enable local people and community groups to meet for learning, self-discovery, enjoyment, mutual support and participation in activities of common interest.



CAFAG - Aims to improve the lives of individuals whilst bringing the community together.



Sylvester's Community Trust—Growing fields for the

community to ease hardship in a small way by growing produce.

Finance Support

Beat the cold

Supporting those struggling with the cost of gas and electric across Staffordshire and Stoke-On-Trent.

Phone: 01782 914915



Money Matters

Money Matters offers practical help with debt and benefits advice for users of Stoke-On-Trent Foodbanks.

Phone: 01782 470980

Email: money@saltbox.org.uk



Potteries Money Wise

Potteries Money Wise is a project within Citizens Advice Staffordshire North and Stoke-On-Trent. The qualified advisors offer free and confidential advice to help maximise household income and reduce outgoings. They offer 121 telephone appointments or an in person appointment at their Hanley office. They can offer Benefit Entitlement Checks, Energy Advice, Budgeting Advice and Money Saving Tips.

Phone: 01782 408685

Email: pmw@casns.org,uk



Community Lounges



A community lounge provides a place for you to gain local advice and support available to you and your family, including: Budgeting Skills, Employment and Training, Volunteering, Community Activities, Mental Health and Wellbeing Support, Fuel Poverty, Housing, Benefit Support, Finding Transport, Carer Support and Independent Living.

	Community Lounge schedule						
		ragether					
Γ	Community Lounge	Day	Time	Lead			
	Baddeley Green WMC, Baddeley Green	Monday	9.30am – 11.30am	Locality Connector Karen Fantauzzo			
	Meir Matters, Old Library, Meir	Monday	10.00am – 12.00pm	Locality Connector Julie Wood			
	Oak Priory Extra Care, Abbey Hulton	Monday	11.00am – 12.30pm	Locality Connector Rob Littler			
	The Hub @ ST6, Fegg Heyes	Tuesday	10.00am - 12.00pm	Locality Connector Steph Lancaster			
	St Johns Community Church, Abbey Hulton 'Connect Café'	Wednesday	9.00am – 10.30am	Locality Connector Rob Littler			
	The Bethel Church, Longton	Wednesday	10.00am – 12.00pm	Locality Connector Julie Wood			
	Berryhill Village, Berryhill (Residents only)	Wednesday	10.00am – 12.00pm	Locality Connector Sara Picking			
	Middleport Matters, Middleport 'Drop Inn and Chat'	1 st Wednesday of the month	10.00am - 12.00pm	Locality Connector Karen Fantauzzo			
	Happy, Healthy Lives, RVS	Last Wednesday	11.30am – 12.30pm	Locality Connector Rob Littler			
	Bentilee Neighbourhood Centre	Thursday	9.30am – 12.00pm	Locality Connector Sara Picking			
	Tommy Cheadle's, Port Vale Football Club 'Golden Valiants'	Thursday	10.00am – 12.00pm	Locality Connector Steph Lancaster			
	Community Pantry, YMCA, Hanley	Thursday	11.00am – 1.00pm	Locality Connector Rob Littler			
	St Albans Centre, Blurton	Thursday	2.30pm – 4.30pm	Locality Connector Sara Picking			
	Tommy Cheadle's, Port Vale Football Club	Friday	10.00am – 12.00pm	Locality Connector Steph Lancaster			
	'Community Cupboard' Affordable Foods, Blurton	Friday	10.00am – 1.00pm	Locality Connector Rob Littler			

Loneliness /

Care

Accessing tivities

Support

Equipment/ Financial Assistive

Mobility Issues

Hearing

Welcoming Spaces

Organisations across Stoke-on-Trent are working together to set up a network of Welcoming Spaces over the autumn and winter 2022 to 2023. A Welcoming Space is a place of connection already established in the community (such as a community centre, library or place of faith), where people can meet up, socialise, and access support, relating to the cost of living. Services available at each Welcoming Space will vary but may include:

- access to support about money, welfare, and mental wellbeing
- community activities
- access to computers, free Wi-Fi and charging points heated space

Stoke-On-Trent Together—VAST.

Contact Number: 01782 683030

Email: sottogether@vast.org.uk

Use the QR code to find your local Welcoming Space.

Chell, Fegg Hayes, Tunstall and Sandyford	
Hanley and Shelton	
Longton and Meir	
Blurton and Fenton	
Abbey Hulton, Birches Head and Baddely Green	
Bentilee	
Stoke, Penkull and Trent Vale	
Burslem, Middleport and Cobridge	

Stoke-On-Trent Libraries



Find out what is happening within the local libraries by using the QR code on the left. Here you will find groups such as Bouncing Bears, Singing Bears, Lego Club and Stories and Crafts.



STORIES AND CRAFTS AT STOKE-ON-TRENT LIBRARES

FREE STORY AND CRAFT activities on Saturdays at our Libraries CHILDREN UNDER 8 YEARS OF AGE MUST BE ACCOMPANIED BY A RESPONSIBLE ADULT

LIBRARY	DAY/DATE	TIME
BENTILEE	 Sat 11 November Sat 25 November Sat 9 December 	11.00 - 12.00
CITY CENTRAL LIBRARY HANLEY (now at Smithfield 2)	• Sat 4 November (with Kat Hughes, storyteller)	11.00 - 12.00
LONGTON	 Sat 11 November Sat 25 November Sat 9 December 	11.00 - 12.00
MEIR	Sat 4 NovemberSat 2 December	11.00 - 12.00
STOKE	• Sat 11 November	11.00 - 12.00
TUNSTALL	 Sat 4 November Sat 18 November Sat 16 December 	10.30 - 11.30

Holiday Activities



Stoke -On-Trent Family Hubs

Facebook - Stoke-on-Trent Family Hubs



Stoke-On-Trent City Council

Website: www.stoke.gov.uk/events



Whats on in and around Stoke-On-Trent

Website: www.wherecanwego.com/whats-on/stoke



Things to do & days out in Stoke-On-Trent

Website: <u>www.dayoutwiththekids.co.uk/things-to-do/west-</u> midlands/staffordshire/stoke-on-trent



Stoke-On-Trent Events

Website: <u>Stoke on Trent Events 2023 | What's on in Stoke on Trent</u> <u>| Skiddle</u>



The Hubb Foundation

Website: www.thehubbfoundation.com



😳 🔍 YMCA GO

Website: www.ymcans.org.uk/ymca-go/



Stoke School Holidays Group

Website: www.facebook.com/groups/616823978352239/

Holiday Activities for those with SEND

Autism Friendly Cinema Screening

Type the above into Google to bring up local cinemas and their Austism Friendly cinema times.





Breakthrou' Frontline Dance

Website: www.frontlinedance.co.uk/all-news/



The Narrow Boat Beatrice

Website: www.stokecommunitydirectory.co.uk/directory/listing/the-narrow-boat-beatrice/



Caudwell Children, Family Workshops

Website: www.stokecommunitydirectory.co.uk/directory/listing/



SEND Juniors Club

Website: www.stokecommunitydirectory.co.uk/directory/listing/

Easypeasy

Families can enjoy two years of free access where they can receive helpful tips and support on aspects of parenting, early language and the home learning environment.

